






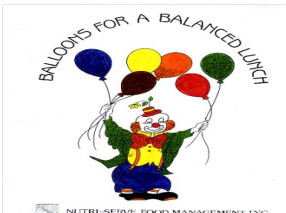





Nutri-Serve Food Management, Inc. Check us out on the Web at www.nsfm.com	North Hanover Twp. School District Atlantis, Columbia, Discovery, Upper Elementary & C.B. Lamb Schools Lunch Menu June, 2009		Mrs. Shawn Rembelinsky Food Service Director 609-758-0620 E-mail Address: nha@nsfm.com	
Paid Lunch \$ 1.70 Super Lunch - Extra 1.00 Reduced Lunch .40 Milk .35 Ice Cream .50 Snacks & Pretzels .50 100% Fruit Juice .40 Cookies \$.35 or 3/\$1.00 Adult Lunch \$ 2.50 - \$ 3.00 Alternating Daily ...UES Only French Fries..... UES Only \$.75 Mozzarella SticksUES Only \$.75	A Meal Consists of: 1 Serving of Protein Meat or Meat Alternate 1 Serving of Grain Breads, Rolls, Crackers, Taco Shells, Breaded Entrée 1 Serving of Vegetable = 1/2 Cup Fresh or Cupped 1 Serving of Fruit = 1/2 Cup Fresh, Cupped, Dried or 100% Juice 1 Serving of Dairy 8 oz of Milk Choice 	Lunch Selections Available Daily *Choice of One of Four Entrees *Choice of Up to Three of any: Fresh Fruit, Chilled Fruit, 100 % Fruit Juice and / or Vegetable *Assorted Crackers available *Choice of Assorted Milk Five Components are offered Three Components must be chosen to qualify as a meal.	This Month's Highlights 4th - National Cheese Day 9th - Atlantis Field Day 12th - Columbia Field Day 15th - Flag Day 16th - UES Field Day Fruit of the Month Watermelon 	Parents: Please consider paying for multiple meals with one payment. Pay for 20 meals and get the 21st meal free! Make checks payable to NHTBOE - Cafeteria Account 17 Serving Days in June Please include additional funds for snacks if allowed  Menus Subject to Change without notice.
Monday	Tuesday	Wednesday	Thursday	Friday
1 1) Chicken Nuggets w/Dip and White Wheat Bread & Butter 2) Meatball Sandwich on a Torpedo Roll 3) Bagel Bag Lunch 4) Student Salad with Protein Cup Lunch Choice Includes Seasoned Carrots Watermelon Slices  Milk Choice	2 1) Mozzarella Sticks with Sauce and Garlic Bread 2) Meatball Sandwich on a Torpedo Roll 3) Bagel Bag Lunch 4) Student Salad with Protein Cup Lunch Choice Includes Seasoned Green Beans Mixed Fruit Cup Berry - Berry Cake Cake with Icing, Cherries & Blueberry Topping Milk Choice	3 1) Pasta with a Dinner Roll with Tomato Sauce & Mozzarella Cheese 2) Meatball Sandwich on a Torpedo Roll 3) Bagel Bag Lunch 4) Student Salad with Protein Cup Lunch Choice Includes Seasoned Green Beans Sliced Peaches & Cream Milk Choice	4th .. National Cheese Day 1) Toasty Cheese Sandwich on White Wheat Bread 2) Meatball Sandwich on a Torpedo Roll 3) Bagel Bag Lunch 4) Student Salad with Protein Cup Lunch Choice Includes Tomato Soup 3- Bean Salad Fresh White Seedless Grapes Milk Choice	5 1) School Baked Pizza..... Angel's Whole Wheat Slices 2) Meatball Sandwich on a Torpedo Roll 3) Bagel Bag Lunch 4) Student Salad with Protein Cup Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits Milk Choice
8 1) Steak Sandwich with or w/o Cheese on a Torpedo Roll 2) Chicken Parmesan Pattie on a Bun 3) Yogurt Munchable 4) Student Salad with Protein Cup Lunch Choice Includes Pasta Salad with Fresh Vegetables Fresh Cantaloupe Slices Milk Choice	9 1) Meatloaf with Gravy and a Dinner Roll 2) Chicken Parmesan Pattie on a Bun 3) Yogurt Munchable 4) Student Salad with Protein Cup Lunch Choice Includes Mashed Potatoes & Seasoned Corn Frozen Peach Cups Milk Choice Atlantis Field Day - See Below	10 1) BBQ Baked Chicken and White Wheat Bread & Butter 2) Chicken Parmesan Pattie on a Bun 3) Yogurt Munchable 4) Student Salad with Protein Cup Lunch Choice Includes Baked Beans Jell-O-O with Topping Mixed Fruit Cup Milk Choice	11 1) Crispy Shell Beef Tacos with all the fixin's 2) Chicken Parmesan Pattie on a Bun 3) Yogurt Munchable 4) Student Salad with Protein Cup Lunch Choice Includes Mexican Corn Fresh Sliced Melons  Milk Choice	12 1) Domino's Day (Sliced Pizza) 2) Chicken Parmesan Pattie on a Bun 3) Yogurt Munchable 4) Student Salad with Protein Cup Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits Milk Choice CBL - 1st Gr - Teddy Bear Picnic Columbia Field Day - See Below
15 Flag Day 1) Chicken Burgers on a White Wheat Bun 2) Steak Sandwich on a Torpedo Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Seasoned Carrots Mixed Fruit Cups Fire Cracker Ice Pops Milk Choice	16 1) Popcorn Chicken and White Wheat Bread & Butter 2) Steak Sandwich on a Torpedo Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Potato Gems 100% Orange Juice Milk Choice UES Field Day - See Below	17 1) Beef Taco Meat with Nachos & Cheese Sauce 2) Steak Sandwich on a Torpedo Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Lettuce & Tomato Cup Sour Cream, Chilled Pineapple Cups Milk Choice	18 1) Cook's Choice To Be Announced for Each School 2) Steak Sandwich on a Torpedo Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Vegetable Fruit Pudding - Chocolate or Vanilla Milk Choice	19 1) Domino's Day Sliced Pizza 2) Steak Sandwich on a Torpedo Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits Milk Choice
22 1) Ham & Cheese on a Bun or Roll 2) Turkey & Cheese on a Bun or Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Cucumber Slices w/Lo-Fate Dressing Sliced Bagged Apples Fresh Fruits 1/2 oz Bag of Potato Chips Milk Choice	23 1) Ham & Cheese on a Bun or Roll 2) Turkey & Cheese on a Bun or Roll 3) Tuna Salad on a Bun or Roll 4) Student Salad with Protein Cup Lunch Choice Includes Baby Carrot Sticks Sliced Bagged Apples Fresh Fruits 1/2 oz Bag of Potato Chips Milk Choice	Field Day Menu 6/9/09 - Atlantis School 6/12/09 - Columbia School 6/16/09 - Upper Elementary School Hamburger or Hot Dog on a Bun Lunch Choice Includes: Baked Beans, Lettuce & Tomato Cup, Sauerkraut Watermelon Slice & Sherbet Cup 1/2 oz Bag of Lay's Chips Bottled Water & Fruit Juice Milk Choice 		North Hanover Twp is an Equal Opportunity Employer. Your Affirmative Action Officer is Mr. Ernandes, Jr. 609.738.2600 Nutritional Information and Recipes are available upon request. Have you had your 5 -A- Day today? 5 Servings of Fruits and Vegetables per day provide essential vitamins and nutrients for a healthier YOU!!!
		Congratulations to the Class of 2009! Best of Luck to all the Graduates! 		  Happy Summer! We wish everyone a Happy and Safe Summer! See you in September!