

<p>Nutri-Serve Food Management, Inc. Check us out on the Web at www.nsfm.com</p>	<p align="center">North Hanover Twp. School District Atlantis, Columbia, Discovery, Upper Elementary & C.B. Lamb Schools</p>		<p align="center">Mrs. Shawn Rembelinsky Food Service Director 609-738-2615 E-mail Address: ↓ nha@nsfm.com</p>	
<p>Paid Lunch \$ 1.70 Super Lunch - Extra Entrée' 1.00 Reduced Lunch .40 Milk .35 Ice Cream .50 Snacks & Pretzels .50 100% Fruit Juice .40 Cookies \$.35 or 3/\$1.00 French Fries..... UES Only \$.75</p>	<p align="center">A Meal Consists of:</p> <p>1 Serving of Protein Meat or Meat Alternate</p> <p>1 Serving of Grain Breads, Rolls, Crackers, Taco Shells, Breaded Entrée</p> <p>1 Serving of Vegetable = 1/2 Cup Fresh or Cupped</p> <p>1 Serving of Fruit = 1/2 Cup Fresh, Cupped, Dried or 100% Juice</p> <p>1 Serving of Dairy 8 oz of Milk Choice</p>	<p align="center">LUNCH MENU June, 2010</p> <p align="center">Lunch Selections Available Daily</p> <p>*Choice of One of Four Entrees</p> <p>*Choice of Up to Three of any: Fresh Fruit, Chilled Fruit, 100 % Fruit Juice and / or Vegetable</p> <p>*Assorted Crackers available daily *Assorted Fruit Basket available daily *Choice of Assorted Milk</p> <p align="center">Five Components are offered Three Components must be chosen to qualify as a meal.</p>	<p align="center">NEW ITEMS THIS MONTH Nutri-Slushie Fruit Mix 100% Fruit Mix Slush Cup</p>  <p align="center">PLEASE NOTE: E-FUNDS WILL BE SHUT DOWN FOR THE SUMMER NO INTER-NET DEPOSITS CAN BE ACCEPTED AFTER June 18th</p>	<p align="center">Parents: Please consider paying for multiple meals with one payment. Pay for 20 meals and get the 21st meal free! Make checks payable to NHTBOE - Cafeteria Account 15 Serving Days in June</p>  <p align="center">Please include additional funds for snacks if allowed</p> <p align="center">HAVE YOU REGISTERED FOR LUNCHBOX YET?</p> <p align="center">Menus Subject to Change without notice.</p>
<p align="center">Monday Field Day Schedule</p> <p>June 3rd - Columbia & C.B. Lamb School June 10th - UES Field Day June 15th - Atlantis School</p> <p align="center">Field Day Menu For All Schools Choice of Hamburger or Hot Dog Corn on the Cob Watermelon & 100% Fruit Juice</p> <p align="center">Milk Choice 7</p>	<p align="center">Tuesday 1</p> <p>1) Pasta with or without Meat Sauce Garlic Toast</p> <p>2) Sloppy Joe on a Bun 3) Cheese Sandwich on Bread or Bun 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Steamed Green Beans Lettuce & Tomato Available Chilled Apple Slices</p> <p align="center">Milk Choice 8</p>	<p align="center">Wednesday 2</p> <p>1) Nachos Grande with Turkey Taco Meat Cheese Sauce & Chips 2) Sloppy Joe on a Bun 3) Cheese Sandwich on Bread or Bun 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Seasoned Corn Lettuce & Tomato Available Chilled Pineapple Cup</p> <p align="center">Milk Choice 9</p>	<p align="center">Thursday 3</p> <p>1) Cheese Steak on a Torpedo Roll Field Day - Columbia & C.B. Lamb 2) Sloppy Joe on a Bun 3) Cheese Sandwich on Bread or Bun 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Tossed Side Salad w/Lo-Fat Dressing Dried Cranberries Nutri-Slushie Fruit Mix</p> <p align="center">Milk Choice 10</p>	<p align="center">Friday 4</p> <p>1) Domino's Pizza Day DISCOVERY - CLASSROOM FEEDING Domino's Pizza</p> <p>2) Sloppy Joe on a Bun 3) Cheese Sandwich on Bread or Bun 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits</p> <p align="center">Milk Choice 11</p>
<p>1) French Toast Sticks and Turkey Sausage Links DISCOVERY - CLASSROOM FEEDING Bagel Bag Meal</p> <p>2) BLT Sandwich on Wheat Bread 3) Turkey & Cheese on Bread, Bun or Wrap 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Assorted Oven Potatoes/Fries Applesauce & Milk Choice</p> <p align="center">14</p>	<p>1) Assorted Chicken Day Columbia & Atlantis --- Oven Breaded CBL & UES --- Fajita's Discovery ---- Chicken Burgers</p> <p>2) BLT Sandwich on Wheat Bread 3) Turkey & Cheese on Bread, Bun or Wrap 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Steamed Rice & Chilled Peach Cups</p> <p align="center">Milk Choice 15</p>	<p>1) Toasted Cheese Sandwich with Goldfish Crackers 2) BLT Sandwich on Wheat Bread 3) Turkey & Cheese on Bread, Bun or Wrap 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Assorted Soup per school Carrot Sticks with Dip Orange Smiles</p> <p align="center">Milk Choice 16</p>	<p>1) Cheese Burger on a Bun Field Day - Upper Elementary 2) BLT Sandwich on Wheat Bread 3) Turkey & Cheese on Bread, Bun or Wrap 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Cucumber Salad w/Lo-Fat Dressing Chilled Mixed Fruit Cup</p> <p align="center">Milk Choice 17</p>	<p>1) Assorted School Baked Pizza DISCOVERY - CLASSROOM FEEDING Catfish Sandwich on a Bun</p> <p>2) BLT Sandwich on Wheat Bread 3) Turkey & Cheese on Bread, Bun or Wrap 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits</p> <p align="center">Milk Choice 18</p>
<p>1) Popcorn Chicken with Bread & Butter 2) Yogurt Munchable Meal 3) Tuna Salad On a Bun or Roll 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Smashed Sweet Potatoes Chilled Peach Cups</p> <p align="center">Milk Choice 21</p> <p align="center">Please see Field Day Schedule and Menu Above</p>	<p>1) Meat Ball Sub on a Torpedo Roll Field Day - Atlantis School</p> <p>2) Yogurt Munchable Meal 3) Tuna Salad On a Bun or Roll 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Vegetable Sticks w/Lo-Fat Dip Chilled Pears in a cup</p> <p align="center">Milk Choice 22</p> <p align="center">Reminder: e-funds will be shut down for the summer No Inter-Net Deposits can be accepted after June 18th</p>	<p>1) American Hoagie on a Torpedo Roll C.B. Lamb - Field Day Menu</p> <p>2) Yogurt Munchable Meal 3) Tuna Salad On a Bun or Roll 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Lettuce & Tomato Cup 1/2 oz Potato Chips Dried Cherries</p> <p align="center">Milk Choice 23</p> <p align="center">Nutritional Information and and Recipes are available upon request.</p>	<p>1) Cold Nachos Meal</p> <p>2) Yogurt Munchable Meal 3) Tuna Salad On a Bun or Roll 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Bean Salad with Italian Dressing Nutri-Slushie Fruit Mix</p> <p align="center">Milk Choice 24</p> <p align="center">North Hanover Twp is an Equal Opportunity Employer. Your Affirmative Action Officer is Mr. Ernandes, Jr. 609.738.2600</p>	<p align="center">Last Day For Students</p> <p>1) Domino's Pizza Day 2) Yogurt Munchable Meal 3) Tuna Salad On a Bun or Roll 4) Student Salad with Protein Cup</p> <p align="center">Lunch Choice Includes Assorted Vegetables Assorted Fresh & Cupped Fruits</p> <p align="center">Milk Choice 25</p> <p align="center">Have you had your 5 -A- Day today?</p> <p align="center">5 Servings of Fruits and Vegetables per day provide essential vitamins and nutrients for a healthier YOU!!!</p>
	<p align="center">Congratulations to the Class of 2010! Best of Luck to all the Graduates!</p>   <p align="center">Happy Summer</p> <p align="center">We wish everyone a Happy and Safe Summer! See you in September!</p>		 <p align="center">NUTRI-SERVE FOOD MANAGEMENT, INC.</p>	